



SAINT LOUIS UNIVERSITY SCHOOL OF LAW
Student-to-Student Information Guide

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HISTORY

THE CITY OF ST. LOUIS

St. Louis was founded in 1764 by French settlers Pierre Laclede and Auguste Chouteau, and was named after Louis IX, the Crusader King of France.

In 1804, Thomas Jefferson sent explorers Lewis and Clark from St. Louis to chart the new Louisiana Territory. At that time, St. Louis had a population of about 1,100 and was the center of fur trade for the county. St. Louis was the last stop for people heading to the new frontier and became known as the “Gateway to the West.”

In 1817, the first steamboat arrived in St. Louis. The sandy banks of the Mississippi were not adequate to dock the boats, so levees were built. A steamboat fire in 1849 burned over 15 blocks of the downtown area. Stone structures, such as the Old Courthouse and Old Cathedral were saved in the fire, but there was still \$6.1 million worth of damage. St. Louisans quickly began rebuilding the city with brick and iron instead of wood.

In the 1850s, many Irish and German immigrants came to St. Louis, adding to the city’s already diverse makeup. The St. Louis 1904 World’s Fair celebrated the centennial celebration of the Louisiana Purchase. For over seven months, 20 million people from all over the world came to St. Louis to work and see the fair held in Forest Park. Rumor has it that iced tea, ice cream cones and hot dogs were introduced at the St. Louis 1904 World’s Fair. Also in 1904, the first Summer Olympics on American soil were held in St. Louis. Around the same time, the city limits began to expand and many single-family homes were built in what used to be the prairie, in the area around what is Tower Grove Park today.

In 1965, the Gateway Arch was completed, but it wasn’t until 1967, when the trams were completed, that visitors could go to the top. Built as a symbol of the Gateway to the West, it is 63 stories tall and weighs 43,000 tons.

The St. Louis Cardinals have won 10 World Series Championships, second only to the New York Yankees in Major League history, and 17 National League pennants. Forty-six Hall of Famers have either played for or coached the Redbirds in the organization’s 115-year history. Bob Gibson, Ozzie Smith, Albert Pujols, Mark McGwire, Joe Torre and Tony LaRussa have all donned the Redbird jersey at one time. The team currently

plays in the third incarnation of Busch Stadium, which opened to a World Champion series in 2006.

For the past decade or so, St. Louis City has gone through some big changes. Young professionals and families have chosen to move into the city instead of the suburbs and construction workers have gone into old homes and flats to rehabilitate them. Neighborhoods are getting new life from residents who are taking pride, once again, in the beauty and history of the city.

Adapted from: www.explorestlouis.com/uniqueystl/stl-History.asp?PageType=4

NEIGHBORHOODS

AN INTRODUCTION

Benton Park

Benton Park is nestled into a corner of the city shadowed by the enormous Anheuser-Busch Brewery. It’s an affordable choice if you don’t mind a few extra minutes in your commute. Many people come here just for a chance to catch a performance by the many jam bands that play here each night of the week. If jam bands and dreadlocks don’t suit your fancy, then perhaps a trip to the Historical Lemp Mansion would be more of your style, a place reputed to be haunted as a result of the strange series of suicides that have plagued the Lemp family for generations.

Central West End

The Central West End is what St. Louis could call its extended midtown. This vibrant corridor of St. Louis has something for everyone, aged affluent and starving young artist alike. It stretches from the edges of downtown on the east to Skinker Boulevard and the Washington University Campus on the west. Delmar Boulevard borders it on the north, and Highway 64/40 marks the southern boundary of the Central West End. Forest Park, one of the largest urban parks in the United States, is situated in the Central West End. Forest Park was the site of the 1904 World’s Fair, a celebration of the centennial of the Louisiana Purchase. The park has plenty of museums and outdoor activities, but those looking for more culture can take a stroll down nearby Euclid street, along which you can find a variety of art galleries, coffee shops, bookstores and clothing stores. This is one of the best places in the city for people watching, due to the volume of cafés offering outdoor seating during the warmer months.

Clayton

A 10-minute drive from downtown, Clayton is where you’ll find yourself among skyscrapers, courthouses, financial services companies and municipal buildings that serve as the government

hub for what's dubbed "the county" here. Clayton, just west of the Central West End, might serve as St. Louis' "Upper East Side," if it had one. Clayton has a top-ranked school system, a benefit derived from the high property values and the correspondingly high taxes collected. Considered one of the city's safer neighborhoods, people are often seen strolling the streets at night, most often patronizing the many restaurants, pubs and bars that dot the downtown area.

Downtown

Downtown is currently in the middle of a much-needed facelift, but the work in progress is already showing signs of promise. The busiest attractions downtown are the Arch, Busch Stadium (Cardinals baseball) and the Edward Jones Dome (Rams football), which are positioned on points of a triangle that enclose most of the Downtown area. Popular nightspots include Laclede's Landing and Washington Avenue. Laclede's Landing, aka "The Landing," located adjacent to the Arch grounds, offers clubs and pubs full of top 40 music and large crowds. Washington Avenue has a bit more poise, hosting a few art galleries, up-scale restaurants and nightspots which may have a dress code.

The city is attempting to revitalize certain areas, most notably the loft district along Washington Avenue. Although attractive and certain to prove a good investment for those with the ability, the residential market in this area is not yet too accommodating to a student on a budget.

Dogtown

Dogtown is a nice, quiet neighborhood...until Saint Patrick's Day. Then, this historically Irish neighborhood transforms itself into a sea of green along the route of the parade put on by the Ancient order of Hibernians. (Hibernia is the ancient Roman/Latin name for Ireland.) The rest of the year, Dogtown is a peaceful, family neighborhood. With I-64/Highway 40 as a northern boundary and Clayton Road nearby, you have easy access to the rest of the city. Affordable housing starts around \$450 a month, and both apartments and houses are available for rent. Cairdeas Coffee is a great neighborhood spot to study and use wireless internet, and small corner stores can provide the rest of your daily needs so you don't have to leave the area.

Edwardsville - Glen Carbon

These twin towns are located across the Mississippi River. They're both good locations for those looking for a small town feel but with a short commute time. The area is booming with new real estate and is a best suited for those who have a family.

Fairview Heights

Only 12 miles away from downtown St. Louis, those who live in Fairview Heights have easy access to major interstate highways. This is an affordable option for those who have a family or just want a small-town, slower paced atmosphere that can accommodate a student on a budget.

The Hill

Think there's a better-known neighborhood in St. Louis? Fuhgeddaboutit! This Italian neighborhood has the city's best-known cuisine, and has reared baseball greats Yogi Berra and Joe Garagiola. The neighborhood delis actually supply Italian meats and delicacies to grocery stores around the city, so if you're the type to make your way to the source in the name of freshness, you'll find yourself here on a regular basis buying olives and cheese. The Hill is situated between Hampton Avenue and Kingshighway in the south part of the city.

Ladue

A neighborhood of extravagant colonial style mansions, this is more of an area of residence for those who have actually finished law school, rather than those working their way through it. Boutique shopping at Plaza Frontenac, or perhaps good bargains on outdoor gear at the Alpine Shop may bring you out this way. To find Ladue, exit I-64/40 at Lindbergh and you've reached your mark.

Lafayette Square

This dignified area near Downtown is one of St. Louis' oldest neighborhoods, and was indeed its most fashionable at the time of its inception. Lafayette Park is situated in the middle of the neighborhood, with the majority of the area's businesses on the north side of it. You can stop by SqWires for lunch, The Chocolate Bar for a drink or delicious dessert or Arcelia's if you're in the mood for Mexican. The area offers an array of aesthetic accommodations, many in the style of townhouses, and the neighborhood's architecture is something worth taking in.

Maplewood

Just south of Richmond Heights lies Maplewood, a small municipality bisected by Manchester Road. You can find the local microbrewery, Schlafly Bottleworks, and stop in to the brewery/restaurant for some good beer and an expansive menu. It offers inexpensive living if you don't mind potential detours set off by Highway 40/64 construction.

Richmond Heights

This upscale neighborhood is located at the intersection of I-64/40 and I-170, just south of Clayton. The two neighborhoods are similar, and have actually formed a committee to assess the possibility of a merger. The area is overwhelmingly residential, but a student must check out the Galleria for endless shopping possibilities. Other notable fun spots include the Esquire movie theatre and the nearby Tropicana bowling alley.

Skinker-DeBaliviere

A neighborhood named simply for the streets that mark its boundaries, this small section of real estate is adjacent to the northern edge of Forest Park and consists of houses and apartments, with a nearby strip-mall containing the student-essential Papa John's Pizza. Rent is reasonable and the location is convenient, with Forest Park and the Central West End within walking distance, as well as easy access to I-64/Highway 40 and Forest Park Parkway.

Soulard

Soulard is french argot for drunk, and to the chagrin of many of this neighborhood's residents, the visitors to this area often attempt to live up to its meaning. Soulard has ensured St. Louisans have a place to go for such events as "pub crawls" and Mardi Gras. Soulard is perhaps best known for its Farmers Market, acknowledged by many to be the best place in the area to purchase produce and other foods. If the stale pubs and fresh produce don't lure you to the area, then perhaps the affordable apartments and shotgun houses will. Rent starts around \$460 a month in the area according to <http://stlouis.craigslist.org>, and this historic part of the city has just the right charm to attract and keep residents new to the city.

South Grand

This is probably the most ethnically diverse place in St. Louis, where you can find a variety of Vietnamese butchers, Thai restaurants, Afghan grocers and nearly anything else you want that originates in Asia, Eurasia, the Middle East and Africa. It is also home to the most "chill" nightspots; Mangia Italiano and The Upstairs Lounge are must-sees. For book lovers, Dunaway Books is a treasure chest of used reading materials, with something for the coffee table, the train ride and the scholar or collector. There are few better ways to spend a spring day than by stopping in to pick up a used book you've been meaning to read, grab a Thai/Vietnamese iced coffee at a nearby coffee shop and head to adjacent Tower Grove Park to do some reading among its aromatic blooms and symphonic winged residents.

University City/The Loop

One of the hottest spots in the city, University City (U City) and the U City Loop is a favorite spot among students of all types, for all things. Delmar Boulevard is the heart of the neighborhood, and constitutes most of what's known as "The Loop," a reference to the streetcar loop once found here. U City has some beautiful housing, and The Loop offers affordable apartments. Promenade the Delmar stretch to discover vintage and European-label clothing, Ethiopian food, another tattoo (they're addictive), falafel or to find the Tivoli theatre, Blueberry Hill's famous burgers, catch a concert at the Pageant or pick up some incense at Sunshine Daydream. The neighborhood itself is easy to find, either by taking the Delmar exit from I-170 and heading east, or by taking the Skinker Boulevard exit from Highway 40 and heading north until you reach Delmar. When you find the young people with studded belts and Chuck Taylors, you've arrived.

The Ville

The Ville is the historic epicenter of African-American development in the St. Louis area, and sits just northwest of downtown St. Louis. In the 30s and 40s a number of schools, hospitals and recreational facilities opened to support the region's African-American community. The neighborhood's Sumner High School, the first school west of the Mississippi to provide a secondary education to African Americans, claims to have educated local stars such as Chuck Berry and Tina Turner. Each May, the Annie Malone Children's Home puts on a parade and social events to commemorate its founder, one of the nation's first African American millionaires, and to raise money for the home she established.

Webster Groves

While certainly not the closest place to campus, there are a number of reasons to head to Webster Groves. Located southwest of Maplewood, in St. Louis County just off of I-44, this community hosts a number of theaters, including the Repertory Theatre as well as the Opera Theatre of St. Louis.

VISITS

TRAVEL AND ACCOMMODATIONS

Getting to, from and around St. Louis is pretty painless, even for those who do not drive. There is a relatively high volume of flights operating through Lambert-St. Louis International Airport, and the number of available hotel accommodations is consistent with a mid-sized or major metropolitan area.

Hotels

St. Louis makes for a great weekend trip for your family or friends. If they are opposed to couch camping, you can direct them to one of the following hotels, or to <http://www.hotels-stl.com> for an exhaustive list.

Hilton St Louis at the Ballpark

1 South Broadway
(314) 421-1766 • (877) 845-7345

Hampton Inn Forest Park

5650 Oakland Ave.
(314) 655-3993 • (866) 655-5020

Hampton Inn Union Station

2211 Market St.
(314) 241-3200

Chase Park Plaza

212 N. Kingshighway Blvd.
(314) 633-3000 • (877) 587-2427

Coming and Going

Undoubtedly the quickest and most convenient way to get here is to book a flight to Lambert-St. Louis International Airport (STL). Lambert serves the major airlines, including Southwest, Delta, American Airlines and United, as well as smaller carriers. The airport is northwest of downtown St. Louis, a 20-minute drive via I-70 or 35 minutes by Metrolink, **St. Louis' light rail system. Information, flight times and maps can be found at the airport's Web site: www.lambert-stlouis.com**

Amtrak

With long lines and security checks at the airport, traveling by plane might not have the same appeal as it used to. Traveling by rail offers a more scenic alternative. Amtrak offers many routes to, from and between two area stations:

Downtown Station

550 S. 16th St.
St. Louis, MO
(314) 331-3300

Purchase tickets at the St. Louis station, or online at www.amtrak.com

Kirkwood Station

110 W. Argonne Rd.
Kirkwood, MO
(314) 966-6475

And don't forget the age-old classic, Greyhound Bus...

Greyhound Lines

1450 N. 13th St.
(314) 231-4485
www.greyhound.com

AROUND TOWN

GETTING AROUND TOWN

St. Louis has a substantial system of public transportation covering both the metro area and surrounding suburbs, extending across the Illinois/Missouri state line. The system is operated by METRO, an administration created by compact between Missouri and Illinois, and offers an integrated system comprised of light rail, bus and para-transit van services discussed below. In addition to the Metro system, contact information for Taxi and other services can be found in the following paragraphs.

MetroLink and MetroBus

The light rail system is a cheap and easy commute to the airport, to downtown or into southwestern Illinois. The route stretches across the bi-state area geographically in a rough, horizontal "Y" shape. The service area stretches from Belleville, IL, through downtown, to Lambert Airport west of St. Louis. For a mere \$2.00 spent at any station's automatic ticket dispensers, you can ride anywhere on the route. Discounted hourly, weekly and monthly passes are available.

If the rail doesn't take you exactly where you want to go, simply make the connection with the MetroBus line you need from any of the MetroLink stops. The comprehensive bus system services the entire St. Louis County and City areas. If you plan on paying the fare as you board the bus, bring coins, because it's exact change only. Otherwise, you can buy online, over the phone or use other types of prepayment of fare.

Contact Information

Open: Mon. through Fri., 7a.m.-7p.m.
Web site: www.metrostlouis.org
E-mail: transitinformation@metrostlouis.org
Telephone:
Missouri: (314) 231-2345
Illinois: (618) 271-2345

Metro Call-A-Ride

Call-A-Ride is Metro's version of a taxi service, using a fleet of minivans. The difference is that one must make a reservation at least 24 hours in advance to use this service. The fare is based on how many pre-determined "zones" you cross to reach your destination. For more info:

Metro Call-A-Ride Contact Information

General Public Hours

Mon.-Fri. 4 a.m.-Midnight

Sat.-Sun. 6 a.m.-10 p.m.

Website: www.metrostlouis.org

North County

(314) 534-4144

West County and Far West County

(314) 534-1544

South County

(314) 534-2255

Taxis

There are several Taxi companies in St. Louis. The yellow pages will offer a comprehensive list, below are some of the most popular. For airport arrivals, calling County Cab or Yellow Cab will save you some cash.

Laclede Cab. Co

(314) 652-3456

Ace Cab

(314) 361-2345 – St. Louis City

(314) 991-1200 – St. Louis County

Yellow Cab

(314) 361-2345 – St. Louis City

(314) 991-1200 – St. Louis County

County Cab Co.

(314) 993-8294

RELOCATING

LIVING IN ST LOUIS: THE BASICS

Moving to St. Louis

We all know that moving is difficult and not a whole lot of fun, but there are people out there who want to help you! Contact the School of Law to be put in touch with someone who knows

St. Louis and is willing to talk to you about the neighborhoods and answer any questions you may have. Also, Metropolis is a great way to get involved with city-wide activities and learn more about the area. Check out their schedule of walking tours and join one – it's free! Their Web page has a wealth of knowledge: www.mstl.org/metropolis/projects/welcome-to-stl/index.html

Moving with your Pet

Metro Animal has compiled a list of management companies and areas that are pet friendly:

www.metroanimal.org/rental/main.shtml

How to Find and Furnish an Apartment

Most students agree that the best way to find an apartment is to drive around the neighborhoods that you like to try to find "For Rent" signs. Of course, this is time consuming and can be costly if you don't know where you are going, so here are some other suggestions:

- Craigslist: <http://stlouis.craigslist.org/apa>
 - Riverfront Times: <http://stlouis.backpage.com/rentals/classifieds/Results?category=4416>
 - Apartment Search: Make an appointment and make them do the work for you! www.apartment-search.com
 - Online Apartment Search:
 - <http://stlouis.apartments.com>
 - www.rent.com
 - Downtown living: www.mansionhouse.com
-

Home Depot Locations

www.homedepot.com

3202 S. Kingshighway Blvd.

St. Louis, MO 63139

(314) 865-0700

Located approximately three miles from campus, this location is close to students living Downtown, Soulard, Lafayette Square, Benton Park, Mid-Town, The Hill, The Grove, Tower Grove Park Neighborhoods, Clifton Park and South City.

1603 S Hanley Rd (Hanley & 40)

Brentwood, MO 63144

314-647-6050

Located approximately six miles from campus, this one might be difficult to get to when they shut down Highway 40, but it's close for people living in U City, the Central West End, Richmond Heights, Clayton and Maplewood.

Most neighborhoods also have their own independently owned hardware stores – don't forget to support the independents!

Target Locations

www.target.com

Hampton Village

14255 Hampton Ave.
St. Louis, MO 63109
(314) 802-0122

The newest St. Louis Target location, this one has a mini grocery store in it too! Located approximately five miles from campus, this location is good for people living in Downtown, Soulard, Lafayette Square, Benton Park, Mid-Town, The Hill, The Grove, Tower Grove Park Neighborhoods, Clifton Heights and South City.

Brentwood Promenade

25 Brentwood Promenade Ct.
Brentwood, MO 63144
(314) 918-9500

Located approximately six miles from campus, this location might be hard to get to when Highway 40/64 is shut down. Close for people living in University City, the Central West End, Richmond Heights, Clayton and Maplewood.

This is in a location close to a Bed Bath and Beyond, Petsmart, World Market, Beauty Brands, Beauty First, Trader Joe's, Best Buy, Sports Authority, Whole Foods, Pier 1, Crate and Barrel, Borders and is close to the Galleria Mall.

UTILITIES

THE NECESSITIES

Laclede Gas Co.

(314) 621-6960
www.lacledegas.com

AT&T

1-800-464-7928
www.att.com

Missouri-American Water Co.

727 Craig Rd.
St. Louis, MO 63141
(314) 996-2356

Sewer / Metro Sewer District

2350 Market
St. Louis, MO 63101
www.msdl-st-louis.mo.us

AmerenUE (electric)

St. Louis Area (314) 342-1111
All Others 1-800-552-7583

HEALTH

KEEPING YOURSELF HEALTHY:
BODY, MIND AND SOUL

Local Hospitals

Saint Louis University Hospital

www.sluhospital.com
3635 Vista Ave.
St. Louis, MO 63110
(314) 577-8000

Cardinal Glennon Children's Medical Center

www.cardinalglennon.com
1465 S. Grand Blvd.
St. Louis, MO 63104
(314) 577-5600

St. Louis Children's Hospital

www.stlouischildrens.org
1 Childrens Place
St. Louis, MO 63110
(314) 454-6000

Barnes-Jewish Hospital

www.bjc.org
1 Barnes Jewish Hospital Plz
St. Louis, MO 63110
(314) 747-3000

Forest Park Hospital

www.forestparkhospital.com
Hwy 64/40 at Hampton

Counseling Services

It's a basic truth - When you feel well, physically and mentally, you function well. Unfortunately, things don't always go as smoothly as you would like. Little things (and sometimes big ones) can get in the way of doing well and feeling your best. The Student Health and Counseling Services provides medical treatment, counseling and outpatient services as well as a variety of educational programs for all Saint Louis University full-time, part-time and graduate students.

The counselor's days and hours are Mon. - Fri.
from 8 a.m. to 5 p.m. Their phone number is: (314) 977-2323.

RELIGION

PLACES OF WORSHIP

> Places of Worship-Catholic

Our Lady of Lourdes
7148 Forsyth
www.archstl.org
(314) 726 6200

Cathedral Basilica of St. Louis
4431 Lindell Ave.
www.cathedralstl.org
(314) 533-2824

> Places of Worship-Episcopal

Church of St. Michael and St. George
6345 Wydown
www.csmsg.org
(314) 721-1502

> Places of Worship-Lutheran

Bethel Evangelical
7001 Forsyth
(314) 863-3111

St. Marks Evangelical
6337 Clayton Rd
(314) 721-6974

> Places of Worship-Methodist

Grace United
6199 Waterman
www.graceumc-stl.org
(314) 863-1992

> Places of Worship-Presbyterian

First Presbyterian Church
7200 Delmar
(314) 726-6677

Trinity Presbyterian
6800 Washington
(314) 725-3840

> Places of Worship-Baptist

Delmar Baptist Church
1001 Municipal Center Dr.
432-1960

Hanley Road Baptist Church
7701 Maryland
Clayton, MO 63105
726-4939

Mt. Zion Baptist church
1500 S. Hanley
(314) 647-3391

Rock Hill Baptist Church
9125 Manchester
www.rockhillbaptist.org
(314) 968-0600

Central Baptist Church
2842 Washington Blvd.
St. Louis, MO
(314) 533-0747

> Places of Worship-Islam

Daar-UI Islam Mosque (Islamic Center of St. Louis)
527 Weidman Rd.
Manchester, MO
(636) 394-7878

Gateway Mosque
3843 W. Pine
(314) 631-2896

> Places of Worship-Judaism

Bais Avraham Congregation
6910 Delmar Blvd.
www.baisbe.com
(314) 721-3030

Central Reform Congregation
5020 Waterman Blvd.
(314) 361-3919

B'Nai Amoona Congregation
324 S. Mason Rd.
(314) 576-9990

B'Rith Shalom Kneseth Israel
1107 Linden Ave
(314) 725-6256

> Places of Worship-Hindu

Hindu Temple of St. Louis
725 Weidman Rd.
www.hindutemplestlouis.org
(636) 230-3300

> Places of Worship-Buddhist

The Buddhist Temple & Meditation Center
890 Lindsay Lane
(314) 837-9717

Missouri Zen Center
220 Spring Ave
Webster Groves, MO 63119
(314) 961-6138

BANKING

LOCAL BANKING

U.S. Bank Locations

www.usbank.com
(This is the on-campus bank)
20 North Grand Blvd.
Saint Louis, MO 63103
(314) 533-1041

301 N. Tucker Blvd.
St. Louis, MO 63101
(314) 498-2900

721 Locust St.
St. Louis, MO 63101
(314) 498-2803

Commerce Bank Locations

www.commerceonline.com
Clayton
800 Forsyth Blvd.
St. Louis, MO 63105
(314) 726-2255

Tower Grove
3134 S. Grand Blvd.
St. Louis, MO 63118
(314) 726-2255

Webster Groves
8050 Big Bend Blvd
Webster Groves, MO 63119
(314) 726-2255

UMB Bank Locations

www.umb.com
2 South Broadway
Saint Louis, MO 63102
(314) 621-1000

I Church St.
Ferguson, MO 63135
(314) 621-1000

8001 Natural Bridge Rd.
St. Louis, MO 63121
(314) 621-1000

Bank of America Locations

www.bankofamerica.com

4625 Lindell Blvd #1
St. Louis, MO 63108
(314) 284-0635

800 Market St.
St. Louis, MO 63101
(314) 466-6117

100 N Broadway #1575
St. Louis, MO 63102
(314) 466-4609

7800 Forsyth
Clayton, MO 63105
(314) 466-0460

FOOD

GROCERS

Wild Oats

8823 Ladue Rd.
St. Louis, MO 63124
(314) 721-8004
7 a.m. - 10 p.m.

Whole Foods

www.wholefoods.com
1601 S. Brentwood Blvd.
St. Louis, MO 63144
(314) 968-7744

Trader Joe's:

48 Brentwood Promenade Ct.
Brentwood, MO 63144
(314) 963-0253
9 a.m. - 9 p.m.

Schnucks

<http://www.schnucks.com>

Close to School!

4171 Lindell Blvd.

63108

314-533-8027

24 Hours

Great for people who live near school in the Central West End. There is a Walgreens across the street.

The Hill Schnucks

5055 Arsenal

63139

(314) 771-5008

6 a.m. - Midnight

Often called the nicest Schnucks in the area because of how friendly and helpful the staff is. Good for people who live in Tower Grove Neighborhoods, The Hill, Clifton Heights and Dogtown.

Ladue Schuncks

8867 Ladue Rd.

Ladue, MO 63124

(314) 725-7574

Mon. - Sat. 6:30 a.m. - 11 p.m.

Sun. 6:30 a.m. - 10 p.m.

Hampton Village

60 Hampton Village Plaza

63109

(314) 353-5060

24 Hours

Located in the same shopping plaza as Supermarket of Shoes and JC Penny. Located across the street from Target. Good for people who live off South Hampton and Dogtown.

Loughborough

1020 Loughborough

63111

(314) 752-5333

6 a.m. - Midnight

Good for people who live in South City and Holly Hills.

South City

3430 S. Grand

63118

(314) 772-5500

24 Hours

Their selection is not as good as other locations. The Hill Location (Arsenal) is about 2 miles away and a much better location. (See above). Good for people who live in the Souldard, Lafayette Square and Cherokee neighborhoods.

University City

6920 Olive Blvd

63130

(314) 726-2373

6 a.m. - Midnight

Good for people who live in University City.

Richmond Center

6600 Clayton Rd.

63117

(314) 644-0510

24 Hours

Good for people who live in Clayton, Richmond Heights, University City, Maplewood and the CWE. Walgreens is across the street.

Webster Groves

8650 Big Bend

63119

(314) 961-0555

24 Hours

Good for people who live in Webster Groves-located just off Hwy. 44.

Straub's

www.straubs.com

Straub's is a great specialty family owned chain of grocery stores. A bit more expensive than Schnucks, they also carry more specialty items. Great for buying meat and produce! They also have a great deli section with hot meals for those people on the run! The staff is always friendly and the stores are incredibly clean. Rumor has it that they will be opening a new location downtown.

8282 Forsyth Boulevard

Clayton, MO 63105

Tel: (314) 725-2121

Mon - Sat 7 a.m. - 8:30 p.m.

Sun. 10 a.m. - 6 p.m.

Good for people who live in Clayton, Ladue and Brentwood.

211 West Lockwood Avenue
Webster Groves, MO 63119
Tel: (314) 962-0169
Mon. – Sat. 7 a.m. - 8 p.m.
Sun. 10 a.m. - 6 p.m.

Good for people who live in Webster Groves and Kirkwood.

302 North Kingshighway Blvd
St. Louis, MO 63108
Tel: (314) 361-6646
Mon. – Sat. 8 a.m. - 9 p.m.
Sun. 9 a.m. - 7 p.m.

Good for people who live anywhere in the city, specifically the CWE. Close to campus, it's a great place to grab a quick lunch since they have prepared salads and sandwiches as well as hot lunch served in individual servings.

Vincent's Market

www.vincentsmarket.biz

2400 S. 12th Street
St. Louis, MO 63104
Phone (314)772-4710
Mon. – Sat. 9 a.m. - 8 p.m.
Sun. 9 a.m. - 5:30 p.m.

Great little market located in Soulard. Perfect for people living in Soulard, Lafayette Square, Benton Park and downtown.

City Grocers

www.city-grocers.com

920 Olive St.
St. Louis, MO 63101
(314) 621-0010
7 a.m. – 9 p.m.

Located at the corner of 10th and Olive downtown.
Free parking is available in the lot at the opposite corner.
Great for people who live downtown.

Soulard Market

www.soulardmarket.com

7th and Lafayette in Soulard
Open Wednesday-Saturday all year long
7:30 a.m. - 5:30 p.m.
(314) 622.4180

Great place to go for local produce and beautiful flowers! It is a great place to walk around, tons of vendors and some non-edible products as well, like soaps.

Tower Grove Farmers Market

<http://www.tgmarket.org>

Located inside Tower Grove Park just west of the Pool Pavilion

2007 Season-Saturdays from May 12-October 28
8:30 a.m. - 12:30 p.m.

Winter Market takes place at a nearby church one Saturday a month.

The 2006 Season was the first year for this market. Farmers sell fresh meats, sausage, eggs, fresh pasta, bakery items and some vendors sell crafts and candles. There is usually live music and occasionally Home Eco (www.home-eco.com) is there do to discussions on sustainable living.

LAUNDRY

LAUNDERING SERVICES

Jefferson Square Laundromat

1557 S Jefferson Ave.
St. Louis, MO 63104

American Cleaners

NW corner of Delmar Blvd. and Hanley Rd.

POST OFFICE

POST AND PARCEL SERVICES

4021 Laclede Ave.
St. Louis, MO 63108
(314) 533-4697
Located about .5 miles from the School of Law.

Clayton Post Office

7750 Maryland Ave.
St. Louis, MO 63105
Mon. - Fri. 8:30 a.m. to 7 p.m.

Galleria Postal Store

2125 Saint Louis Galleria
St. Louis, MO 63117
Mon. - Fri. 10 a.m. to 7 p.m.
Sat. 10 a.m. to 6 p.m.
Sun. 1 p.m. to 5 p.m.

4120 Manchester Ave
St. Louis, MO 63110
(314) 531-0949

Located about a mile from the School in The Grove.

625 N Euclid Ave Suite 110
St. Louis, MO 63108
(314) 533-5058

Located about 2 miles from the School, this location is in the heart of the CWE.

1722 Market Street
Saint Louis, MO 63103
(314) 436-6852

Located about 2 miles from the School, this location is open until 8 p.m. on the weekdays and is the main city post office.

Fed-Ex/Kinkos:
8805 Ladue Rd.
St. Louis, MO 63124
(314) 725-8704
Open 24 Hours

Fed-Ex/Kinkos:
1901 S Brentwood Blvd.
St. Louis, MO 63144
(314) 963-2700
Open 24 Hours